

# DOMESTIC VIOLENCE INTERVENTION FACILITATOR TRAINING



SERVICES AND PRACTITIONERS  
FOR THE ELIMINATION OF ABUSE  
QUEENSLAND

Working effectively with men who have used domestic and family violence requires specialist knowledge and skills. In this workshop, you will work through a range of ideas and perspectives in domestic and family violence practice, and develop intervention skills to enhance family safety and wellbeing. This workshop is specifically designed to support workers who are developing their skills as men's DFV behaviour change group facilitators.

## THE IN-ROOM WORKSHOP WILL COVER TOPICS INCLUDING:

- How to have an **engaged working culture** when working with family violence
- **Engaging with mandated clients;** *understanding the righting reflex*
- Understanding the **various pathways into family violence**
- **It all about the patterns;** mapping and identifying disruption points
- **Therapeutic group work skills;** *what the practice looks like*
- **How to work the room;** *getting away from individual work with an audience*
- **Co-facilitations and co-gender facilitation** practices

## LEARNING OUTCOMES INCLUDE...

- Increase your overall awareness of family violence
- Understand the three dominant pathways identified with attention to high-risk populations
- Increase your awareness of the core beliefs that support the use of family violence
- Understand and engage with family violence based cognitive distortions
- Motivate men who have used DFV, including mandated clients, for participation in change work, while managing group interfering behaviours
- Mindfully co-facilitate sessions ensuring gender and cultural safety
- Identify the appropriate next steps for men on your caseload



PRESENTED BY

**KEN McMASTER**

MSW (Hons), CQSW, Memberships: ANZASW, NZATD, MINT



Ken is a member of the Motivational Interviewing Network of Trainers (MINT) and has a thirty-year history working in the social service and criminal justice area. He leads the learning and development team at HMA, splits his time between running workshops in Australia and New Zealand, and working on programme design as well as helping agencies with their intervention responses.

**DATES**  
12<sup>th</sup> to 15<sup>th</sup> November 2018

**VENUE**  
TBA: Gold Coast or Brisbane

**INVESTMENT**  
SPEAQ MEMBERS: \$900 inc GST  
NON-MEMBERS: \$1000 inc GST

**REGISTRATION**  
Complete the accompanying registration form and email to [events@speaq.org.au](mailto:events@speaq.org.au)

Made possible with the generous assistance of Australia's CEO Challenge.



Supporting Family Safety – Working with Men to End Domestic and Family Violence



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## 4 DAY DOMESTIC VIOLENCE INTERVENTION FACILITATOR TRAINING

### - Further Information -

#### SESSION CONTENT

<b>Day 1</b> 9:00 am to 4:30 pm	Session 1: Engagement Session 2: What are we trying to achieve (and how)? Session 3: On the same page – what do we know about pathways into violence? Session 4: Assessment AND motivating for behaviour change
<b>Day 2</b> 9:00 am to 4:30 pm	Session 5: Looking for the pattern – mapping patterns of abusive practice Session 6: Skills practice session on mapping Session 7: Working with mandated clients – including co-ordinated systems responses Session 8: Focal conflict theory (groupwork)
<b>Day 3</b> 9:00 am to 4:30 pm	Session 9: Cognitive behavioural approaches (including skills practice) Session 10: Therapeutic group work (beyond purely psycho-educational approaches) Session 11: How to work the room Session 12: Working with presenting issues
<b>Day 4</b> 9:00 am to 4:00 pm	Session 13: Co-facilitation skills Session 14: Co-gender facilitation Session 15: Innovative practice ideas Session 16: More innovation and exploring takeaways

#### ON-LINE MODULES

To support learning for those who are relatively new to DFV prevention work, HMA are providing **optional access** to their online portal for knowledge-based modules on domestic and family violence.

Log-in access to 20 hours of self-paced online learning material hosted on HMA Totara Learning Management System is **\$187 per log-in** (inc GST) (no member discount available).

Are we ready for the conversation?	<ul style="list-style-type: none"> <li>• It's easier to blame it's harder to understand</li> <li>• Why do men do it?</li> <li>• The prevalence of family violence</li> <li>• The costs and causes of family violence</li> </ul>
History of family violence interventions	<ul style="list-style-type: none"> <li>• How far has family violence intervention come?</li> <li>• Current approaches to working with family violence</li> <li>• Optional: Dr Daniel Sonkin – How has global family violence intervention come?</li> </ul>
Defining family violence	<ul style="list-style-type: none"> <li>• Defining family violence</li> <li>• How is family violence different from other offending?</li> <li>• Factors versus causes</li> <li>• 'She'll be sweet' video activity</li> </ul>
Victims of family violence	<ul style="list-style-type: none"> <li>• Putting it into perspective - Patrick Stewart</li> <li>• Why don't women leave?</li> <li>• Why do women return?</li> <li>• Someone's daughter - the eight 'f's</li> <li>• Understanding victims of family violence</li> <li>• Victims of family violence quiz</li> </ul>
Children as victims of family violence	<ul style="list-style-type: none"> <li>• Children see children do</li> <li>• Impact of family violence on brain development</li> <li>• The impact on children growing up with violence</li> <li>• Is smacking okay?</li> <li>• How ready are you? How ready is your workplace?</li> </ul>

#### REGISTRATION

1. Please complete the Registration form accompanying this flier (*SPEAQ Facilitator Training Nov 2018 Registration.xlsx*)
2. Send to [events@speaq.org.au](mailto:events@speaq.org.au). Please send the Excel file, not a scanned copy.
3. Registrations will be accepted up until 12<sup>th</sup> October 2018 or until all places are filled. Register early to avoid disappointment – the last training was over-subscribed. This is currently the last 4-day facilitation training we are planning with Ken for the foreseeable future.
4. An invoice will be issued on receipt of your registration form and confirmation of a place available at the training. Please leave your travel and accommodation arrangements until the venue location has been confirmed and you have received confirmation of your registration for the event via the invoice.

N.B. Access to the on-line modules can be purchased from HMA at any time. The advantage of registering and paying through this event is that it allows participants to interact as a group.

