Hearing everyone's side

Working with young people who use violence, along with their family members and intimate partners

BRISBANE YOUTH SERVICE
NEW FUTURES FOR YOUNG PEOPLE

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Acknowledgement of country

Brisbane Youth Service respectfully acknowledges the Turrbal and Jagera people as the Traditional Custodians of the lands where BYS operates.

We pay respect to their Elders past and present, lores, customs and creation spirits. BYS acknowledges and celebrates the important role Aboriginal and Torres Strait Islander people play within BYS and the community.

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Introductions

- Dr Kelsey Adams

Safe Relationships Senior Practitioner with Brisbane Youth Service's KIND, SAGE and SAGE+ Programs, and current SPEAQ member

- Rebekha Melville

Safe Relationships Senior Practitioner with Brisbane Youth Service's KIND Program and current SPEAQ member

- Brisbane Youth Service



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What are we talking about today?

- The KIND Program
- How we work with both the person using violence and those affected by the violence
- Benefits and challenges



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The KIND Program

- **K**inship
- **I**mproving relationships
- **N**o violence
- **D**eveloping skills

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Working with Everyone: Developing Shared Language

- Let's look at some example activities



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The ‘0 to 100’ Story



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Activity: Window of Tolerance



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Activity: Safety Planning



What are my warning signs?



What can I do?



Where can I go (and what do I need to go safely)?



Who can I talk to?

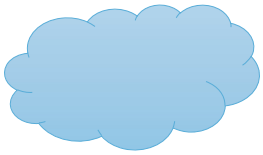


What am I looking forward to?

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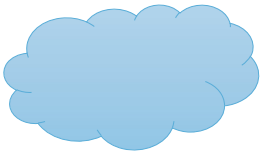
Activity: Triggers



How it makes me feel:

How it makes me act:

What is the impact on others?



How it makes me feel:

How it makes me act:

What is the impact on others?

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Working with Everyone: Benefits

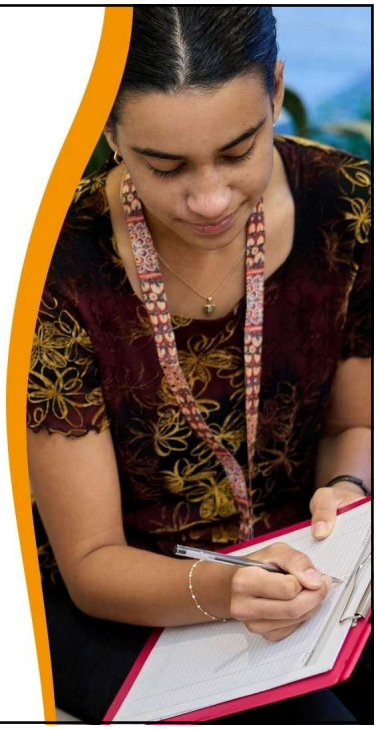
- A bit more information
- Assists worker bias
- Assessment builds a picture



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Working with Everyone: Benefits

- Shared safety planning
- Joint sessions
- Case study



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Working with Everyone: Benefits



- Filling gaps in relational skills
- We can see conflict arise in real time
- Workers model warm, respectful relationships

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Working with Everyone: Challenges



- Confidentiality
- Risk of escalation
- Relational safety in joint sessions

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Questions?



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